



CHIRAPA
MANTA

TOURS AND TREKS

CHIRAPA MANTA

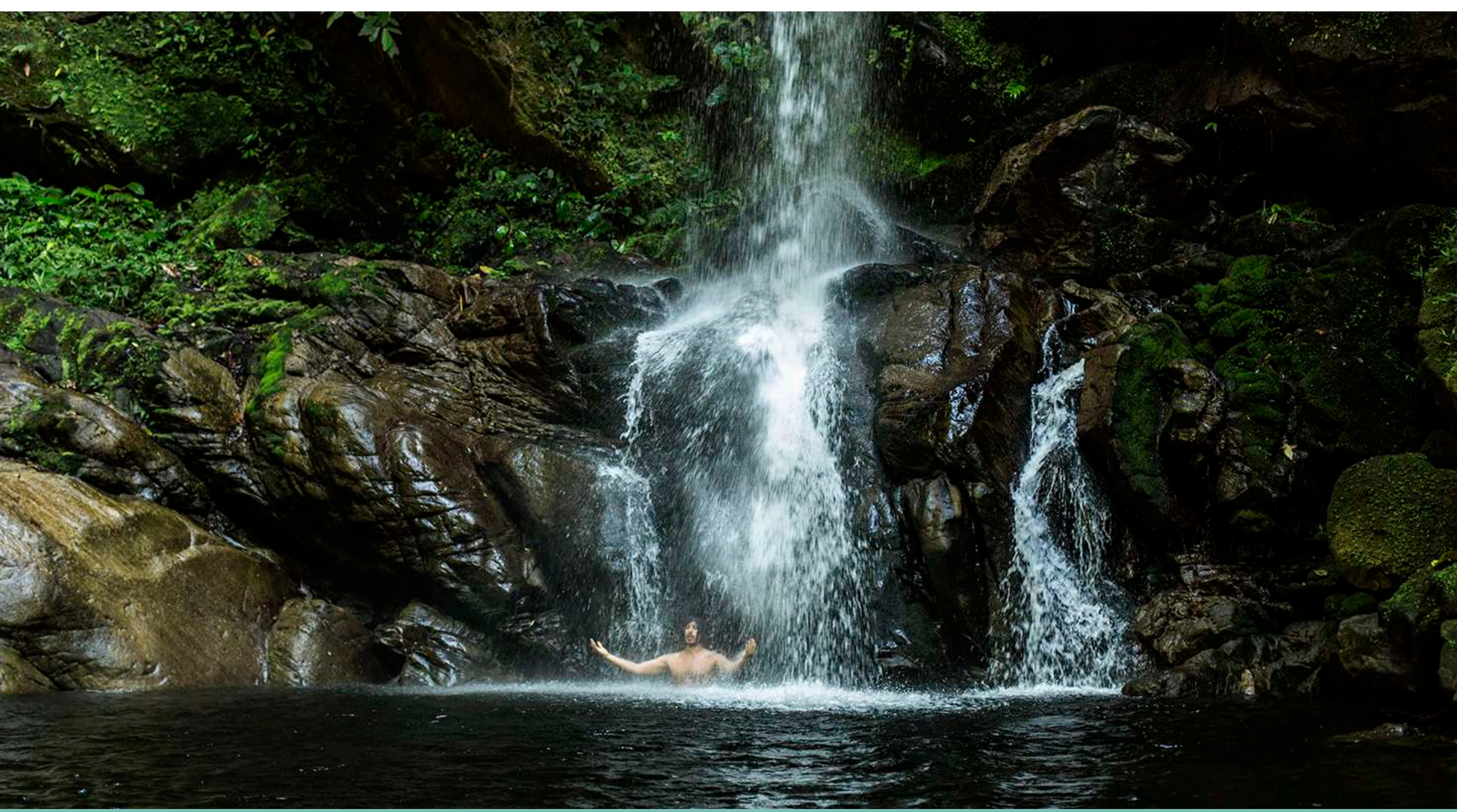
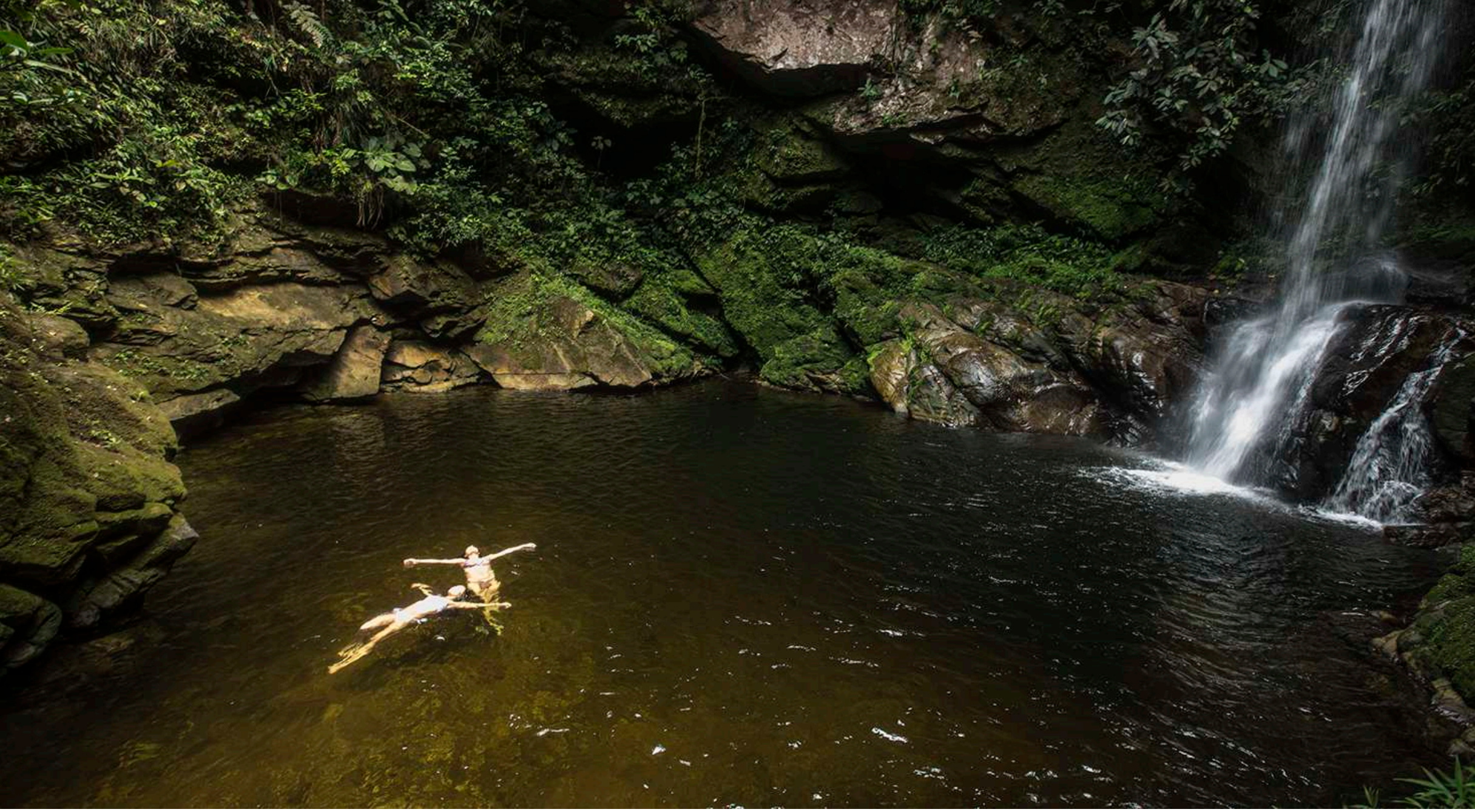
ECO LODGE - RETREAT CENTER

ACTIVITIES

TREKKINGS

All the different treks in San Roque de Cumbaza's surroundings are perfect to get to know the natural landscapes and biodiversity of the area.





HUACAMAILLO WATERFALL

FULL DAY

A Fun 1.5-hour trek (total of 3 hours). The trek starts in San Antonio de Cumbaza, a town 15 minutes away from Chirapa Manta.

We will walk alongside the Cumbaza river, enjoying its refreshing water until we get to the cascade. The brave ones can adventure themselves to jump from one of the cliffs close to the waterfall.

x LEVEL OF DIFFICULTY

Easy. With a few river crossings and a moderate uphill stretch.

x FOR WHOM?

Anyone older than 8 years old.

x SEASON

Not available during the rainy season.

x INCLUDES

Transportation, lunch box, guidance, and entry tickets.

x DEPARTURE TIME

9:30 am

x PRICE PER PERSON

s/90



AÑAQUIWI CREEK

HALF DAY

A 3 to 4 Hours long trek to the clear waters of Añaquiwi, a creek inside the “Cordillera Escalera” conservation area. We will walk through pristine landscapes where we can encounter butterflies, amphibians, and orchids.

× **LEVEL OF DIFFICULTY** Moderate, frequent uphill.

× **FOR WHOM?** Anyone older than 8 years old.

× **INCLUDES** Snack, guidance, and conservation payment.

× **DEPARTURE TIME** 9:30 am

× **PRICE PER PERSON** s/50



LEARNING ABOUT CACAO

HALF DAY

Visit a local family farm, where you can learn more about the cacao fruit and the artisanal process to turn it into chocolate. Here, you'll be able to see all the different varieties of cacao and other native foods.

× **LEVEL OF DIFFICULTY** Easy.

× **FOR WHOM?** Anyone, kids older than 8 years old.

× **INCLUDES** Snack, guidance, and artisanal cacao tasting.

× **DEPARTURE TIME** 10:00 am

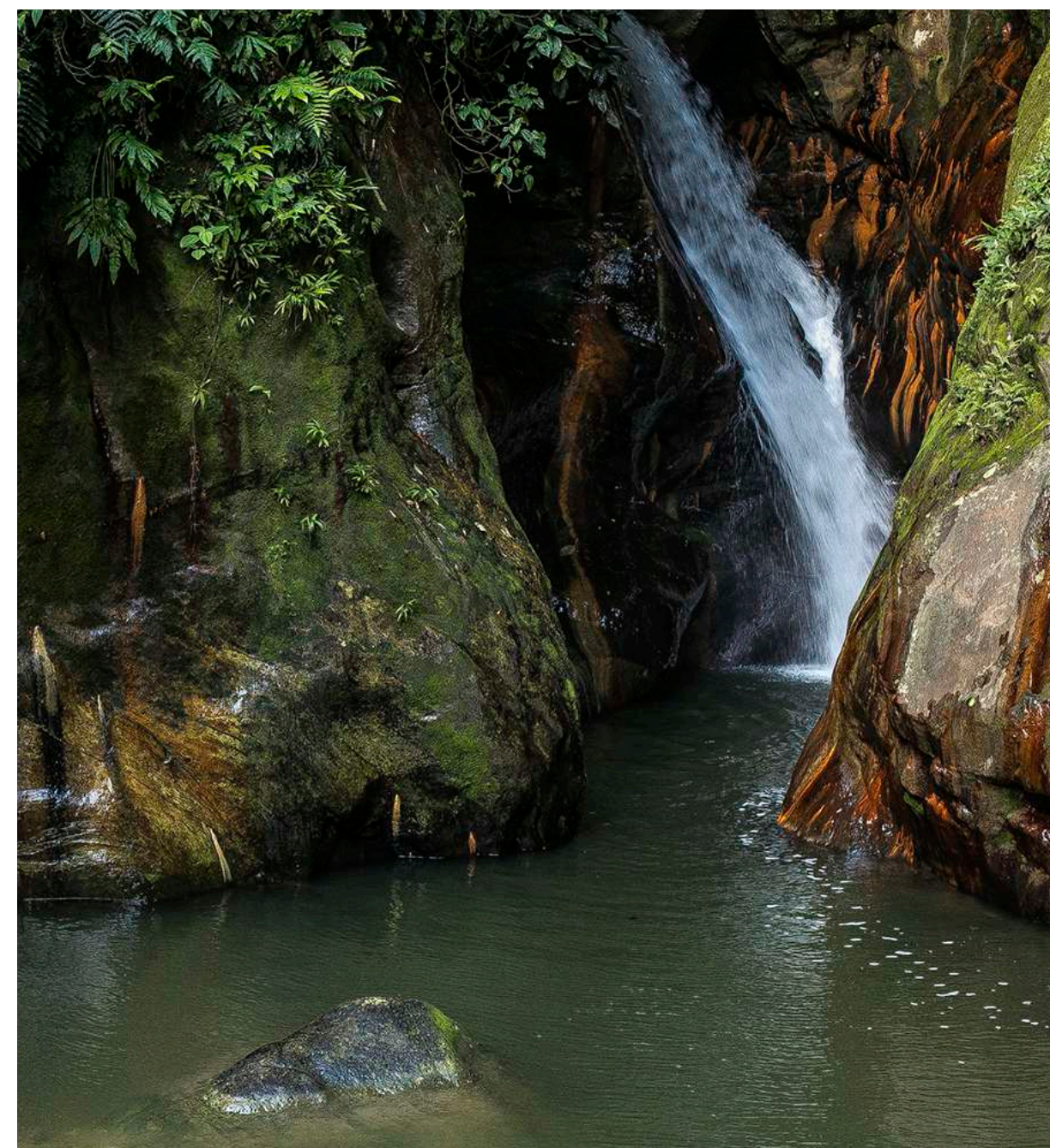
× **PRICE PER PERSON** s/60

ACTIVITIES

TOURS

To make the best of your stay with us, we offer diverse trips to popular destinations around Tarapoto, considered the most beautiful places in the region.





PISHURAYACU

FULL DAY

Visit this heavenly spot on the way to Yurimaguas, inside the "Cordillera Escalera" conservation area. You can access this place after a 20 minutes walk, where you immerse yourself in a magical landscape full of waterfalls and hot springs.

× ROUTE

San Roque – Tarapoto – Pishurayacu –
Tarapoto – San Roque

× TRAVEL TIME

35 min – 45 min – 45 min – 35 min

× INCLUDES

Transport, guidance, entry tickets, lunch box

× DEPARTURE TIME

9:30 am

× PRICE PER PERSON

S/105



LAMAS + CHAPAWANQI WATERFALL FULL DAY

Lamas is the folklore Capital of the San Martín Region and is an ideal destination for coffee and cacao lovers. Here you can meet the biggest 'Quechua Lamista' native community, where you will learn about their traditions and artisanal practices.

The trip will end up with a visit to the Chapawanqui waterfall to freshen yourself up before getting back to the Lodge.

× ROUTE	San Roque – Tarapoto – Lamas – Chapawanqui – Tarapoto – San Roque
× TRAVEL TIME	45 min – 25 min – 20 min – 40 min – 45 min
× INCLUDES	Transportation, guidance, lunch box, entry ticket.
× DEPARTURE TIME	9:30 am
× PRICE PER PERSON	s/90 s/90 + ticket to the Lama's Castle.



SAUCE, BLUE LAGOON

FULL DAY

Visit the emblematic Blue Lagoon, where you can take a boat trip around the lake and enjoy the beautiful landscapes.

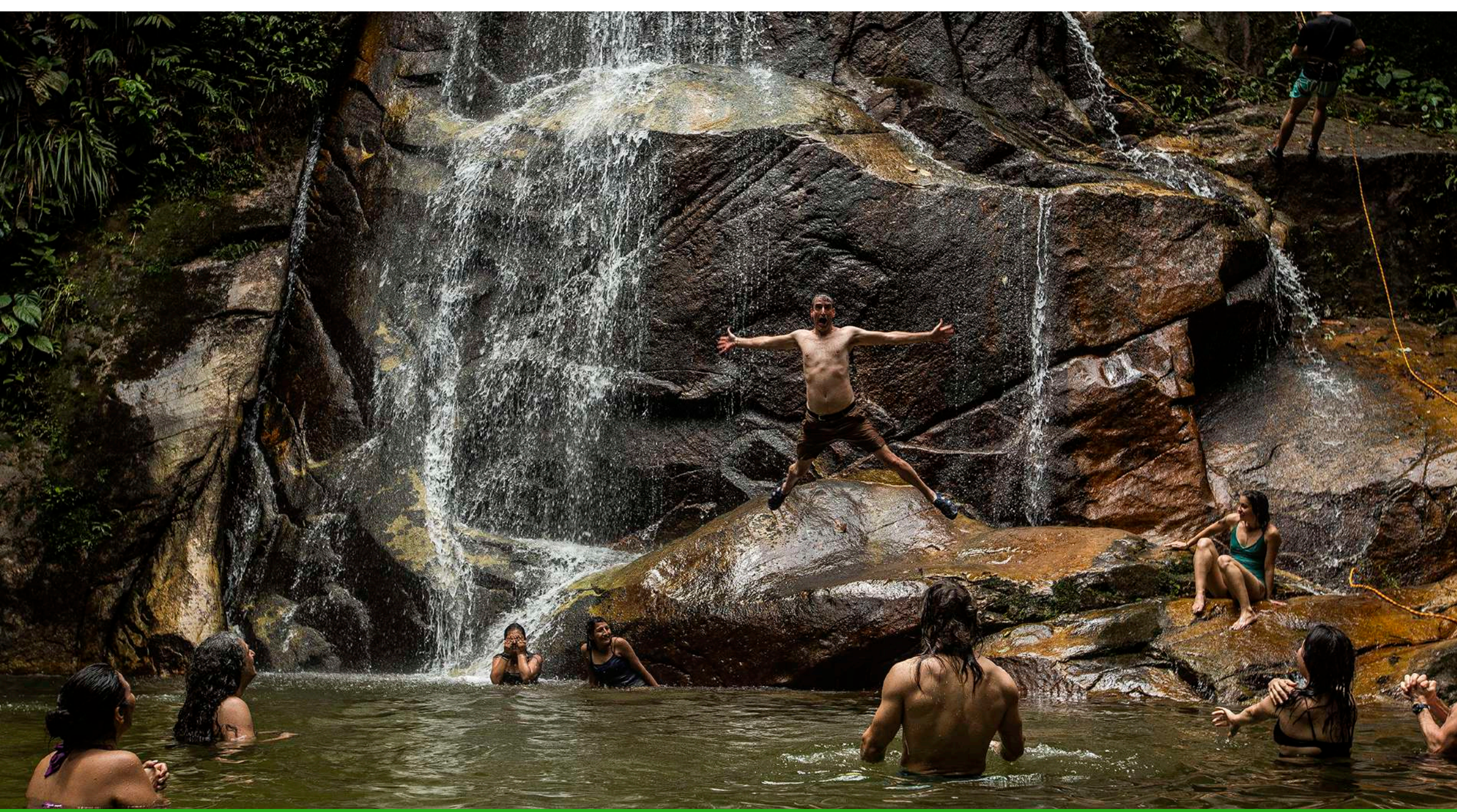
✕ **ROUTE** San Roque – Sauce – San Roque o Tarapoto.

✕ **TRAVEL TIME** 2h30 min to destination.

✕ **INCLUDES** Transportation, boat ride. Lunch not included.

✕ **DEPARTURE TIME** 8:00am **RETURN TIME** 8:00pm

✕ **PRICE PER PERSON** s/105 (s/120 + visit to Paucaryacu hot springs)



PUCAYAQUILLO WATERFALL

FULL DAY

A beautiful cascade with a clear water pool that you can enjoy on the way to Chazuta town. To get there there is an easy 1-hour long trek.

x ROUTE	San Roque – Tarapoto – Pucayaquillo – Tarapoto – San Roque
x TRAVEL TIME	35 min – 45 min – 45 min – 35 min
x SEASON	Best during rainy season
x INCLUDES	Transportation, guidance, entry tickets, lunch box
x DEPARTURE TIME	9:30 am
x PRICE PER PERSON	S/105



"EL SALTO DE LAS BRUJAS" WATERFALL HALF DAY

We'll embark on the 'Irsa Norte' road, towards Yurimaguas, and when we arrive at our destination, we'll take a walk into the jungle, enjoying the many natural pools along the way.

-
- x **RUTA** San Roque - Tarapoto - San Roque (adicional fee)
Tarapoto - Salto de las Brujas - Tarapoto (included)

 - x **TIEMPO DE TRASLADO** 35 min - 1hr 30min - 35min

 - x **TIEMPO DE CAMINATA** 45 min

 - x **INCLUYE** Transportation Tarapoto - Salto de la Bruja,
lunch, entry ticket, guidance.

 - x **HORA DE SALIDA** 7:50am (from Chirapa)

 - x **PRECIOS X PERSONA** S/100



TOURS & TREKKINGS

OTHER

ACTIVITIES

We work with different allies, that offer diverse adventure and art activities, depending on what kind of energy you want to bring to your retreat. If you want more information about these tours, contact us.

- ✕ WATERFALL RAPPELLING
- ✕ ARTISAN CERAMICS AND WEAVING WORKSHOPS IN THE NATIVE COMMUNITIES.
- ✕ NATIVE ICONOGRAPHY PRINT WORKSHOP IN LAMAS.





THANK YOU!

CHIRAPA MANTA

CARR. SAN ROQUE DE CUMBAZA 16.1 KM

CHIRAPAMANTA@GMAIL.COM

CHIRAPAMANTA@ECOLODGE

CHIRAPAMANTA.COM